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EMCC New sletter | February 2015

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IN THE NEWS



\$280,000 RAISED FOR CELEBRATING HOPE!



On 2nd January 2015, over 200 guests gathered at Pan Pacific Singapore Ocean Ballroom to start the New Year off by celebrating HOPE in relationships. It was a time of friends, fun and festivities as guests were entertained by magic, a live band and even a skit, hitting

home the point of the importance of always holding on to HOPE in our relationships. The \$280,000 that was raised for this event will go towards making our workshops more affordable for married couples and families for the next 3 years. We are also increasing the number of workshop runs in the coming years to cater to the increasing demand for such preventative programmes.

FAMILY MEDIATION WORKSHOP RESUMES AT SOCIAL SERVICE INSTITUTE (SSI)

This year, EMCC is glad to announce that we are collaborating with Social Service Institute (SSI) to conduct our Introduction to Family Mediation workshop. Mediation is increasingly becoming an alternative dispute resolution method for disputing parties. We discovered that there were many social service professionals who were not equipped to handle dispute cases in their work.



To fill the need through our collaboration with SSI we hope to equip up to 90 social service professionals with the necessary mediation skillsets to handle issues of interpersonal conflicts in the family, community and the workplace. Some things participants in the workshop will be learn include: understanding the nature of conflict, active listening, managing emotions in mediation and the various stages in the mediation process.

We hope to grow the capability of social service professionals in dealing with cases of disputes in their work and to promote mediation as an alternative method of dispute resolution.

EMCC HELPS CHILD WITH HIGH ABSENTEEISM ISSUES

Timothy* (*pseudonym used to protect child's identity) a Primary 6 child was referred to EMCC due to his high absenteeism rate in school. He showed little interest in coming for counselling, since it was mandated by his school. During the sessions he revealed that he hated school work and was not motivated to do well in his studies.



Timothy's parents were worried as Timothy would have to do his Primary School Leaving Examination (PSLE); his results would determine the choice of his secondary school. However Timothy's behaviour began to improve as the sessions progressed. In the initial sessions he would have to be escorted by the school teacher to the room for his sessions, but soon he was coming in by himself and appeared more responsive during the session. Through the sessions EMCC's counsellor helped Timothy and inspire him to see his life differently. He was also more comfortable sharing with his counsellor as the sessions went on.

His attendance also improved slightly. Towards the end of the year, Timothy was determined to see himself do better in his studies. Timothy attempted his PSLE exams and was able to go to a secondary school under the Normal Academic stream. For a student who skipped most of his classes and did not perform well enough, this was indeed good progress.

We are thankful for donors whose contributions go towards helping clients like Timothy who are struggling to find purpose in their lives. Your small contribution can make a huge difference in a child's life and impact their future.

SOCIAL MEDIA



Eagles Mediation & Counselling Centre (EMCC) at Eagles
Mediation & Counselling Centre (EMCC)

February 4 at 9:30pm · 🌐

Life is inevitably full of conflicts, but how do we choose our battles? What is worth fighting for? Here's a sneak peak at some videos we did to help you make that choice. Stay tuned to our page to see the videos next week! #fightforfamily #fightforfriends #fightformarriage



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Eagles Mediation & Counselling Centre (EMCC)

January 27 at 11:16pm · 🌐

We're glad that more people are saving cost and time by turning to mediation instead of court proceedings. Same benefits apply to family mediation as well! #mediation #conflictmanagement #conflict






57% jump in number of mediation cases handled in 2014: SMC

There were a total of 337 matters mediated by the Singapore Mediation Centre -...

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We are grateful to all our donors who have supported our work all these years. Your continued donation will enable us to provide subsidized counselling and mediation services for low-income families facing difficult times as well as public education workshops. Thank you for helping us build stable, harmonious families and communities.

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